

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

8:00-9:00am: Greetings & One on One  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:30-11:30am: Life Skills  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Spa Treatment: Trim Nails  
 3:00-4:00pm: Church Services- TV  
 6:30-7:30pm: Puzzles and Aromatherapy  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **1**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Lets Make Orange Julius  
 3:00-4:00pm: Taste the Different Oranges  
 6:30-7:30pm: Word Search  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **2**  
 9:30-10:00am: Laundry Folding  
 10:00-10:30am: Activity with Sarah or Kathy  
 12:30-1:30pm: Porch Visits  
 2:00-3:00pm: Lets Make: Ice Cream in a Bag  
 3:30-4:00pm: Name that Tune  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **3**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Kentucky Derby Party  
 3:00-4:00pm: Tabletop Horse Race  
 6:30-7:30pm: Puzzles and Music  
 8:00-8:30pm: Evening Snack

8:00-9:00am: Greetings & One on One **4**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-11:00am: Bible Study- Devotional  
 12:30-1:00pm: Walks After Lunch  
 1:30-2:30pm: Glow Stick Light Saber Craft  
 3:00-4:00pm: Light Saber Battle  
 6:30-7:30pm: Move to the Tune  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **5**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Cinco De Mayo  
 3:00-3:30pm: Piñata Fun  
 6:30-7:30pm: Fiesta Music and Lotion  
 8:00-8:30pm: Evening Snack

8:00-9:00am: Greetings & One on One **6**  
 9:30- 10:00am- Activity with Sarah or Kathy  
 10:00-10:30am- Hydration Station  
 1:00-2:00pm- Sips and Chats  
 3:30-4:30pm- Word Search  
 6:30-7:30pm- Aroma Therapy & Music  
 8:00-8:30pm- Snack

8:00-9:00am: Greetings & One on One **7**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:30-11:30am: Life Skills  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Spa Treatment: Trim Nails  
 3:00-4:00pm: Church Services- TV  
 6:30-7:30pm: Puzzles and Aromatherapy  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **8**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:00-2:00pm: Coke Floats  
 2:00-3:00pm: Live Music with Father Jim  
 3:30-4:00pm: Clean Tables for Dinner  
 6:30-7:30pm: Move to the Tune  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **9**  
 9:30-10:00am: Laundry Folding  
 10:00-10:30am: Activity with Sarah or Kathy  
 1:30-2:30pm: Falconer Education Program  
 3:00-4:00pm: Bird Feeders  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **10**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Sensory Color Painting  
 3:00-4:00pm: Color Matching Dominoes  
 6:30-7:30pm: Name that Tune  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **11**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-11:00am: Bible Study- Devotional  
 12:30-1:00pm: Walks After Lunch  
 1:30-3:00pm: Mothers Day Tea  
 3:30-4:00pm: My Favorite Memory with Mom  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **12**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-3:00pm: Movie Matinee  
 3:30-4:00pm: The Sound of Nature  
 6:30-7:30pm: Music and Puzzles  
 8:00-8:30pm: Evening Snack

8:00-9:00am: Greetings & One on One **13**  
 9:30- 10:00am- Activity with Sarah or Kathy  
 10:00-10:30am- Hydration Station  
 1:00-2:00pm- Sips and Chats  
 3:30-4:30pm- Word Search  
 6:30-7:30pm- Aroma Therapy & Music  
 8:00-8:30pm- Snack

8:00-9:00am: Greetings & One on One **14**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:30-11:30am: Life Skills  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Spa Treatment: Trim Nails  
 3:00-4:00pm: Church Services- TV  
 6:30-7:30pm: Puzzles and Aromatherapy  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **15**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:00-1:45pm: Enjoy Nature  
 2:00-3:00pm: Father Jim Live Music  
 3:30-4:00pm: Clean Tables for Dinner  
 6:30-7:30pm: Aromatherapy and Lollipops  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **16**  
 9:30-10:00am: Laundry Folding  
 10:00-10:30am: Activity with Sarah or Kathy  
 12:30-1:30pm: Porch Visits  
 2:00-3:00pm: Flower Sun Catcher  
 4:00-4:30pm: Flower Facts  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **17**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Make your own Pizza  
 3:00-4:00pm: Table Talk with Friends Social  
 6:30-7:30pm: Name that Tune  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **18**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-11:00am: Bible Study- Devotional  
 12:30-1:00pm: Walks After Lunch  
 1:30-4:00pm: Lets Go Out: Buckhannon Strawberry Festival Short Cake  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **19**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-3:00pm: Movie Matinee  
 3:30-4:30pm: Pet Visits/ Bird Watching  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **20**  
 9:30- 10:00am- Activity with Sarah or Kathy  
 10:00-10:30am- Hydration Station  
 1:00-2:00pm- Sips and Chats  
 3:30-4:30pm- Word Search  
 6:30-7:30pm- Aroma Therapy & Music  
 8:00-8:30pm- Snack

8:00-9:00am: Greetings & One on One **21**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:30-11:30am: Life Skills  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Spa Treatment: Trim Nails  
 3:00-4:00pm: Church Services- TV  
 6:30-7:30pm: Puzzles and Aromatherapy  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **22**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:00-1:45pm: Enjoy Nature  
 2:00-3:00pm: Father Jim Live Music  
 3:30-4:00pm: Clean Tables for Dinner  
 6:30-7:30pm: Aromatherapy and Lollipops  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **23**  
 9:30-10:00am: Laundry Folding  
 10:00-10:30am: Activity with Sarah or Kathy  
 12:30-1:30pm: Porch Visits  
 2:00-3:00pm: Construction Patch Word Quilting Craft  
 3:30-4:30pm: Name that tune  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **24**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:00-4:00pm: Road Trip/ Enjoy Nature  
 6:30-7:30pm: Puzzles and Music  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **25**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-11:00am: Bible Study- Devotional  
 12:30-1:00pm: Walks After Lunch  
 1:30-2:30pm: Lets Make: Charcuterie Board  
 3:00-3:45pm: Tap Dancing with Lainey  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-8:30pm: TV and Snack

8:00-9:00am: Greetings & One on One **26**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Memorial Day Party  
 3:00-4:00pm: Memorial Day Trivia  
 6:30-7:30pm: Patriotic Music  
 8:00-8:30pm: Evening Snack

8:00-9:00am: Greetings & One on One **27**  
 9:30- 10:00am- Activity with Sarah or Kathy  
 10:00-10:30am- Hydration Station  
 1:00-2:00pm- Sips and Chats  
 3:30-4:30pm- Word Search  
 6:30-7:30pm- Aroma Therapy & Music  
 8:00-8:30pm- Snack

8:00-9:00am: Greetings & One on One **28**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:30-11:30am: Life Skills  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Spa Treatment: Trim Nails  
 3:00-4:00pm: Church Services- TV  
 6:30-7:30pm: Puzzles and Aromatherapy  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **29**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Happy Memorial Day  
 3:00-4:00pm: Porch Conversations with Friends  
 6:30-7:30pm: Name that Tune  
 8:00-8:30pm: Snack

8:00-9:00am: Greetings & One on One **30**  
 9:30-10:00am: Laundry Folding  
 10:00-10:30am: Activity with Sarah or Kathy  
 12:30-1:30pm: Porch Visits  
 2:00-3:00pm: Summer Craft  
 3:30-4:00pm: My Favorite Summer Memory  
 6:30-7:30pm: Lotion and Aromatherapy  
 8:00-9:00pm: TV and Snack

8:00-9:00am: Greetings & One on One **31**  
 9:30-10:00am: Activity with Sarah or Kathy  
 10:00-10:30am: Strength for Life  
 10:30-11:00am: Hydration Station  
 12:30-12:45pm: Wash Cloth Therapy  
 1:30-2:30pm: Monthly Birthday Party  
 3:00-4:00pm: Balloon Volleyball  
 6:30-7:30pm: Puzzles and Music  
 8:00-8:30pm: Evening Snack

# May 2023

Terrace Club

\*\*\* THIS SCHEDULE IS SUBJECT TO CHANGE \*\*\*